



# multifix.™

gentle

Our **Multi Fix Gentle** is a non-sterile, medical device, designed to secure indwelling urinary catheters and medical tubing.

Available in two sizes, small (110mm x 25mm) and large (140mm x 40mm), both designed to securely hold urinary catheters and medical tubing up to 10mm in diameter.



optimummedical®

# Reducing the risk of trauma

Our **Multi Fix Gentle** is designed to secure the urinary catheter or medical tubing away from the skin, providing comfort for the user and reducing the risk of trauma as a result of inadvertent movement of the catheter or medical tubing.

Our **Multi Fix Gentle** is available in two sizes, small (110mm x 25mm) and large (140mm x 40mm). The two size options both accommodate urinary catheters and medical tubing up to 10mm in diameter, allowing you to secure your tubing in the most comfortable position for you.



small



large



up to 7 days



## ORDERING INFORMATION

OM Code	Product Description	Size	Inner Pack	Outer Pack
3030	Multi Fix Gentle (large)	140X40mm	Box of 10	Case of 200
3031	Multi Fix Gentle (small)	110X25mm	Box of 10	Case of 200

# Tubing securement tab

The **Multi Fix Gentle** features a tubing securement tab which is designed to hold the catheter or medical tubing in place, without causing damage to the tubing. The catheter or medical tubing is held away from the skin, reducing discomfort from the tubing rubbing or resting on the skin.

Any movement of the catheter or medical tubing can result in discomfort or trauma, which is why it is recommended that urinary catheters and medical tubing are secured effectively.

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The Royal College of Nursing recommend,  
"AN APPROPRIATE CATHETER FIXATION  
DEVICE SHOULD BE USED TO REDUCE  
MIGRATION AND POTENTIAL TRAUMA."

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Ref.: Wileman A, Holroyd S et al (2019) Catheter care. RCN Guidance for Healthcare Professionals. Clinical Professional Resource. Royal College of Nursing. London

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"STABILISING URETHRAL CATHETERS CAN  
REDUCE ADVERSE EVENTS SUCH AS  
DISLODGMET, TISSUE TRAUMA, INFLAMMATION  
AND URINARY TRACT INFECTION."

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Ref.: The European Association of Urology Nurses (2012) Evidence Based Guidelines for Best Practice in Urology Healthcare. Catheterisation, Indwelling Catheters in Adults. Urethral and Suprapubic. Netherlands: The European Association of Urology Nurses



# Re-adhesive gel strip

The tubing securement tab is mounted on a re-adhesive silicone gel strip, which can be applied in a position to suit you. There is no skin preparation required prior to applying the **Multi Fix Gentle**, and it can be gently removed without the use of solutions or chemicals.

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“...SOME PATIENTS SUFFER FROM IMPAIRED SKIN INTEGRITY THAT MAKES STABILIZATION MORE CHALLENGING.”

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Ref.: Callan L. & Parker D. et al. (2012) Wound, Ostomy and Continence Nurse Society, Clinical Practice Continence Committee. Indwelling Urinary Catheter Securement: Best Practice for Clinicians; Available at <http://www.faet.org/docs/indwellingurinarycathetersecurement.pdf>



## The benefits of our tubing securement tab:

- Holds tubing away from skin to reduce discomfort.
- Allows easy removal and reposition of the tubing.
- Leaves no residue on tubing.
- Can accommodate catheters and medical tubing up to 10mm.

## The benefits of our silicone re-adhesive gel strip:

- Provides immediate, gentle adhesion to the skin.
- Easy to apply and easy to remove.
- No skin preparation required before application.
- No need for solutions to dissolve the adhesive when removed.
- Leaves no sticky residue.
- Showerproof, breathable and translucent.
- Suitable for up to 7 days continuous use.

# The importance of catheter and leg bag fixation

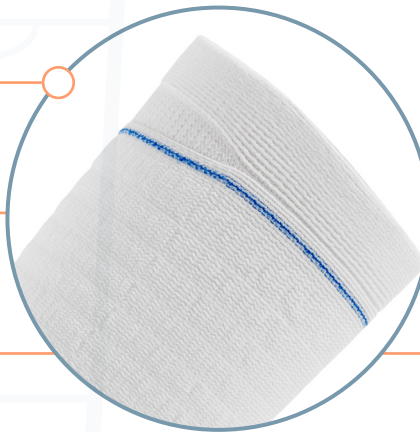
It's important that the weight of your urinary leg bag is always supported to prevent injury from movement of the indwelling catheter. We offer a range of catheter and leg bag fixation devices which can be worn independently or in addition to the **Multi Fix Gentle** to offer additional support.

The **Multi Fix Gentle**, when used to secure a urinary catheter, is complimented by the **Ugo Fix Sleeve**, **Ugo Fix Catheter Strap** and/or the **Ugo Fix Bag Belt**.

**ugofix.**<sup>TM</sup>  
sleeve

**ugofix.**<sup>TM</sup>  
catheter strap

**ugofix.**<sup>TM</sup>  
bag belt



“STABILISING URETHRAL CATHETERS CAN REDUCE ADVERSE EVENTS SUCH AS DISLODGE­MENT, TISSUE TRAUMA, INFLAMMATION AND URINARY TRACT INFECTION.”

# What urine drainage options are available to you?

The **Multi Fix Gentle** can be worn to secure an indwelling catheter attached to a urinary leg bag or catheter valve.

We have a range of leg bag variations available within our **Ugo Leg Bag** range, as well as the **Ugo Catheter Valve**.

**Ugo**<sup>TM</sup>  
leg bag

- Non-return valve.
- T Tap or Lever Tap drainage.
- Short, long and direct inlet tubing.



**Ugo**<sup>TM</sup>  
catheter valve

- Convenient alternative to leg bags.
- Discreet and secure.
- Helps improve bladder tone.
- Safety lever stops accidental opening.





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constantly creating better

We're specialists in healthcare lubrication  
and urology products.

To find out more about our **Ugo Urology** range  
or to request a free sample, visit

[www.optimummedical.co.uk](http://www.optimummedical.co.uk).



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